

Risk Assessment: COVID 19 Return to Training V1.0

Date:	Assessed by:	Location :	Review :
18/07/20	Melanie Davies	Quibell Park Athletics Track Scunthorpe	01/10/20

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Spread of COVID-19 through contact	Staff, athletes, and parents through contact/lack of social distance	<ul style="list-style-type: none"> Signage and hand sanitiser have already been put in place at the venue by the council. All athletes are registered before the start of each session which will allow us to comply with track and trace requirements. 	M	<ul style="list-style-type: none"> A video will be filmed and posted onto the club virtual platform so that all attendees and supporting members are clear in the organisation and expectation for each training session To put together 'covid compliant' guidance document for parents and athletes detailing the measures that have been put in place to help stop the potential spread of the virus and the responsibilities they have in abiding by these measures. Document to be sent out prior to training commencing and to be signed and brought back to 	L		<i>Date to be at least one day before actual training start date</i>	

				<p>first session-no return, no training.</p> <ul style="list-style-type: none"> • To produce further signage to communicate all necessary requirements, including max number of people in certain areas • Registration desk to be set up outside the clubhouse if the weather permits. If the weather is poor desk to be set up inside but doors to be open to allow the room to be ventilated. Markers to be set out to ensure social distance is kept whilst waiting to register. Use of temporary paint to be used where possible • Groups will begin at 10-minute intervals and athletes must arrive on time to ease congestion at the registration area. Late attendees will not be permitted. • Extra hand sanitiser and antibacterial spray will be purchased. To be positioned on the registration desk, athletes to use sanitiser at registration before the session begins and each coach to have one available for use during the session and at the end of the session. 				
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				<ul style="list-style-type: none"> • No changing facilities will be available. • Separate markers/painted lines to be set out (away from the registration queue outside of the clubhouse) to form a socially distanced queue for the toilets. Only two people permitted in to use the toilets at any one time. Signs will clearly state this. Member of SADAC staff to monitor this and encourage good hygiene. Antibacterial spray will be used on handles and taps after each toilet visit. This will be done by each individual who visits the toilet. • Athletes must bring only essential kit. • Coaches to create individual athlete areas for kit to be left and ensure that they are the required distance away from other athlete's belongings. 				
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				<ul style="list-style-type: none"> • Athletes to be reminded by coaches to adhere to the social distance guidelines and not to touch anyone else's personal belongings. Gentle reminders will be given when necessary. Anyone purposely and regularly not adhering to the rules will be requested to leave and the committee will discuss the next steps • Athletes/parents to be advised to wash all kit and personal equipment after every session Parents/spectators to be communicated to through the guidance document to adhere to the most up to date social distancing guidelines, use the hand sanitisers available when necessary and avoid touching railings around the track. Avoid standing or congregating near the entrance/exit to the track. To allow athletes to register themselves to reduce congestion around the registration area. • Self-screening declaration included on guidance 				
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				document that must be signed-no return, no attendance			
Spread of COVID-19 through poor cleaning procedures	Staff, athletes and parents	<ul style="list-style-type: none"> Asking for all attendees to follow current government guidance 		<ul style="list-style-type: none"> Monitoring arrangements to be in place to ensure that supplies of soap, hand towels, gloves, tissues, white roll, antibacterial spray and sanitiser are maintained throughout the sessions That all who attend the toilet know the procedure to follow-no more than two in the area at a time. Handles and taps to sprayed and cleaned by each person who has attended the toilet area Posters to reinforce use of hand hygiene procedures 			
Spread of COVID-19 through money handling	Staff, athletes, and parents are at risk of contracting COVID-19 by the handling of money	<ul style="list-style-type: none"> We have changed to monthly subs as opposed to paying on each training night 	M	<ul style="list-style-type: none"> To request that this is paid by direct debit or BACS Cash will only be brought by prior arrangement and only in agreed circumstances Hand sanitiser is available to use straight after any cash handling. 	L		

				<ul style="list-style-type: none"> • Antibacterial spray will be regularly used in areas of frequent use throughout the evening, including on the registration desk 			
<p>Breach of current Government guidelines regarding size of training group</p>	<p>Coaches and athletes by having more than the current government guidelines allow in each group.</p>	<ul style="list-style-type: none"> • We already have several different groups who are all allocated a coach 	H	<ul style="list-style-type: none"> • New system will be put in place to register athletes' attendance prior to the sessions so we can allocate athletes to be assigned to a coach in advance and avoid being in breach of these rules. • Committee and coaches to agree in advance of sessions which part of Quibell Park grounds each group will be training in to allow adequate space between groups. • To ease track congestion some groups will use the green space outside of the track or the endurance coaches may choose to do a session outside of the grounds. This will be clearly planned and communicated before each session to avoid 	L		

				<p>the chance of any groups mixing and help to avoid and cross exposure.</p> <ul style="list-style-type: none"> • Committee and coaches will meet before the first Quibell Park training takes place so that all understand the systems and protocols that will be implemented 			
Spread of COVID-19 whilst dealing with accidents	First aiders and injured party by not having the required PPE when dealing with accidents	•	H	<ul style="list-style-type: none"> • Masks and gloves to be provided and worn by all first aiders when dealing with a first aid incident. Injured party to be provided with a mask. 	L		
Spread of COVID – 19 if symptoms begin to be displayed during a training session	Anyone attending or present at the training session	<ul style="list-style-type: none"> • All club members currently following government guidance and will not attend as per this guidance 		<ul style="list-style-type: none"> • Anyone displaying symptoms upon arrival will be asked to leave and visit the government website for further guidance, including about how to book a test • An isolation area will be clearly identified away from the registration desk for anyone who begins to display any sign of symptoms and who does not have the means to directly go home • For younger athletes/or those who need additional support, one of the supporting committee members will supervise socially distanced-if this cannot be the case then a face mask will be worn by both parties. 			

				<ul style="list-style-type: none"> Parents/carers will be communicated immediately to collect their son/daughter 			
Spread of COVID-19 through handling of equipment	Athletes and coaches are at risk of catching/spreading COVID-19 whilst sharing using equipment	<ul style="list-style-type: none"> Some athletes have their own equipment. Athletes cannot share any equipment during a session 	H	<ul style="list-style-type: none"> To ensure that athletes use the same piece of equipment throughout the session All equipment to be cleaned thoroughly before and after each session and during if required – cleaning materials to be purchased for this. Hand sanitiser and antibacterial spray to be available throughout the session. 	L		
Fire/emergency procedures				<ul style="list-style-type: none"> Athletes will follow the instructions of the coaches All other attendees will follow the visual guidance as provided by the council and their venue requirements- social distancing does not have to be maintained in an emergency. 			
Spread of COVID-19 through cross contamination	Athletes and coaches are at risk of catching/spreading COVID 19 whilst sharing the sandpit.	<ul style="list-style-type: none"> No jump practises currently taking place 	H	<ul style="list-style-type: none"> No jump practises will take place until further reviewed 	L		

<p>Parents and carers may not fully understand their responsibilities should an athlete show symptoms of COVID-19</p>	<p>Any attending person to the training session</p>			<ul style="list-style-type: none"> • Parents and carers will be fully informed through written and video communications 				
<p>The lack of availability of designated First Aiders and Designated Safeguarding Leads puts athlete's safety at risk</p>	<p>Athletes</p>			<ul style="list-style-type: none"> • Rota to ensure that at least one first aider and safeguarding lead is at each training session (safeguarding may be by virtual means) 				