

Scunthorpe & District Athletics Club & The Royal Air Force

Winter Warm-Up Meeting

Sunday 31st March 2019 at Quibell Park DN17 1ST

Licence: OUT19/069 Commencing at 10:00am with Hammer (all ages, depending on the number of entries this may be split into two events) 11:30am Track 5000m

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|---------------------------------|---|
| U11 Boys & Girls | 80m, 150m, 600m, Long Jump, Vortex |
| U13 Boys & Girls | 80m, 150m, 600m, Long Jump, Shot Putt |
| U15 Boys & Girls | 80m, 150m, 300m, 1Mile, Long Jump, Hammer, Shot Putt |
| U17 Men & Ladies | 80m, 150m, 300m, 1Mile, Long Jump, Hammer, Shot Putt |
| Jun/Sen Men & Ladies | 80m, 150m, 300m, 1Mile, 5000m, Long Jump, Hammer, Shot Putt |

Medals to the first three in each age group event. All Field Events Three Attempts

Note – All U17 and below can only enter three events, Junior's five events and no limit for Senior's

Ages as at midnight on 31st August 2019

ENTRY FEE Advanced entries £5.00 for 1 event, £8.00 for 2 and £10.00 for 3. Email/Block entries accepted at this price if fee arrives prior to closing date. NO FEE ENTRIES WILL NOT BE REGISTERED, on the day entries £6.00 per event, no entries accepted after 11.00am

Cheques payable to **Scunthorpe & District Athletics Club, Closing Date 24th March 2019.**

Please complete and return to: Andrew Weaver, 29, West End, Winteringham, North Lincs DN15 9NR.

Tel 07858782019

email andrewpweaver81@gmail.com

NAME

TEL

ADDRESS

CLUB

D.O.B

EVENTS

AGE GROUP

MALE/FEMALE

ENTRY FEE ENCLOSED

EMAIL

SIGNED

